



The NCAA Woman of the Year program was established in 1991 and honors the academic achievements, athletics excellence, community service and leadership of graduating female college athletes from all three divisions. To be eligible, a nominee must have competed and earned a varsity letter in an NCAA-sponsored sport and must have earned her undergraduate degree by summer 2025.

Eligible female student-athletes are nominated by their member schools. Each conference office then reviews the nominations from its core member schools (and sponsored sports) and submits its conference nominee(s) to the NCAA. All nominees who compete in a sport that is not sponsored by their school's primary conference, as well as associate conference nominees and independent nominees, will be sent to a separate pool to be considered by a committee. The NCAA Woman of the Year selection committee identifies the Top 30 – 10 from each division and then selects the NCAA Woman of the Year, who is honored during an awards presentation at the NCAA Convention.

Nominations for the 2025 NCAA Woman of the Year will open April 21. Submission of nominations is through the “Applications” tab in [NCAA Program Hub](#). Only nominations from NCAA member schools will be accepted.

## **NCAA Woman of the Year Nomination and Award Process**

The NCAA Woman of the Year award honors graduating female student-athletes who have distinguished themselves throughout their collegiate careers in the areas of academic achievement, athletics excellence, community service and leadership.

In 2024, 627 female college athletes, representing Divisions I, II and III, were nominated. Each member school is encouraged to honor its top graduating female student-athlete(s) with a nomination.

Member schools are urged to submit two nominations if at least one of the nominees is a student-athlete of color or international student-athlete. The nomination form is completed by the member school and submitted via the NCAA Program Hub. School nominations are due at 5 p.m. EDT Monday, June 23. (As a reminder, all nomination materials are submitted by the member school, without the nominee accessing the nomination form directly.)

## **Conference Process:**

Upon receiving nominations from its core member schools for nominees competing in conference-sponsored sports, each conference should assess their nominees' eligibility and select up to two conference nominees based on their respective achievements in academics, athletics, service and leadership. Conferences may recognize two nominees who compete in conference-sponsored sports if at least one of the nominees is a woman of color or international student-athlete. Each conference office must submit its nominee(s) to the national office via NCAA Program Hub by 5 p.m. Eastern time Thursday, July 31.

All nominees who compete in a sport not sponsored by their school's primary conference, represent an associate member of a conference or are an independent school's nominee, will be sent to a separate pool to be considered by a committee. The committee will then decide the nominees to move forward to the conference round.

All conference-level nominees are forwarded to a selection committee. The selection committee will choose the top 10 honorees in each division and select the 2025 NCAA Woman of the Year.

Later this year, the national Top 30 honorees will be announced. The 2025 NCAA Woman of the Year will be honored at the 2026 NCAA Convention in Washington, D.C. (Reminder, the national office will not announce school- and conference-level nominees. Schools and conferences are encouraged to celebrate their nominees on their media platforms at the timing that works best for them.)

## **Eligibility for the 2025 NCAA Woman of the Year award:**

- The nominee must have competed and earned a varsity letter in an NCAA-sponsored sport.
- The nominee must have earned their undergraduate degree no later than the summer 2025 term.
- The nominee must have a minimum cumulative undergraduate grade-point average of 2.50 on a 4.00 scale.
- All information on the student-athlete nomination form, including the personal statement and school verification form, with signatures from the nominee, the nominator, and either the director of athletics **or** the senior woman administrator, must be completed and uploaded in the NCAA Program Hub. Incomplete nominations will not be considered.

Please note that the selection committee will NOT consider videos, media guides, emailed photographs or similar supplemental materials from schools, conferences or nominees.

For answers to frequently asked questions about nomination eligibility, please [click here](#).

### **Awards schedule:**

- Member school nomination(s) must be submitted via the NCAA Program Hub by 5 p.m. EDT Monday, June 23.
- Member schools and conferences will have an opportunity to submit supplemental information about their nominees' national recognitions or awards (if any) that were announced after the Monday, June 23, deadline for member school nominations. The supplemental information can be submitted to the NCAA from Tuesday, July 1, to Monday, July 21. Supplemental information submitted outside those dates will not be considered by the selection committee for the Top 30 honorees. Contact [WOTY@ncaa.org](mailto:WOTY@ncaa.org) for more information.
- Conference offices will receive access to their nominees for review in NCAA Program Hub by Wednesday, July 16.
- Conference nominees must be submitted via NCAA Program Hub by 5 p.m. EDT Thursday, July 31.
- The Top 30 honorees (10 per division) will be announced in fall 2025.
- The NCAA Woman of the Year will be announced in fall 2025 through communication channels.
- The 2025 NCAA Woman of the Year will be honored at the 2025 NCAA Convention in January.

### **Selection guidelines:**

The selection committee will determine the top 10 honorees in each division and the top three honorees in each division using selection guidelines.

- **Personal statement — 10% of total score, using a scale of 1 to 5.**

The nominee should describe in 500 words or fewer how experiences as a scholar, an athlete and a leader on campus and in the community have influenced their life and empowered them to have a positive impact on the world.

The personal statement is an opportunity to highlight significant successes, experiences and challenges that have been instrumental in the nominee's overall growth and development. Nominees are encouraged to highlight accomplishments that may not be reflected in the rating scales (for example, engaging in a scholarly research project, having an impact on girls and women through a service project, or earning the opportunity to compete on a national team).

**5:** The nominee eloquently explains experiences as a student-athlete using poignant examples to illustrate significant growth and development. The nominee provides

insightful analysis of and appreciation for how they can have a positive impact on the world.

**4:** The nominee effectively explains experiences as a student-athlete using appropriate examples to illustrate growth and development. The nominee provides a perceptive understanding of how they can have a positive impact on the world.

**3:** The nominee communicates experiences as a student-athlete using multiple examples to illustrate growth and development. The nominee presents a clear understanding of how they can have a positive impact on the world.

**2:** The nominee communicates experiences as a student-athlete using at least one example to make a connection to growth and development. The nominee offers a basic understanding of how they can have a positive impact on the world.

**1:** The nominee lists some experiences as a student-athlete and refers in some way to how they can have a positive impact on the world.

**• Service and leadership — 30% of total score, using a scale of 1 to 5.**

A chart has been designed to present an organizational picture of the nominee's service and leadership involvement. The nominee should list community service, campus and leadership activities, including any special recognitions, accomplishments or leadership positions, dates of participation and a brief description of activities performed or responsibilities. Information should include the number of weeks per year AND hours per week for each activity described.

**5:** The nominee engages consistently in extensive service and leadership activities that impact the campus, community and/or regional or national levels. The nominee makes the most of opportunities presented by taking on key roles and is creative and innovative in seeking out meaningful service and leadership opportunities.

**4:** The nominee engages consistently in service and leadership activities and plays a significant role in impacting the campus and community in a meaningful way.

**3:** The nominee is involved consistently in service and leadership activities that positively affect their campus.

**2:** The nominee is involved in some service and leadership activities at various points in their collegiate career.

**1:** The nominee is involved in a few service or leadership activities that are mostly onetime or short-term events.

- **Academic achievement — 30% of total score, using a scale of 1 to 5.**

Score is based on undergraduate cumulative GPA. Nominees must have a minimum GPA of 2.50 to be eligible to be nominated; however, a GPA of 3.00 or higher is needed to score points for academic achievement.

Please note that the nominee has the opportunity to emphasize significant academic achievements in her personal statement and in the academic achievement section.

**5:** 3.90-4.00 GPA

**4.5:** 3.80-3.89 GPA

**4:** 3.70-3.79 GPA

**3.5:** 3.60-3.69 GPA

**3:** 3.50-3.59 GPA

**2.5:** 3.40-3.49 GPA

**2:** 3.30-3.39 GPA

**1.5:** 3.15-3.29 GPA

**1:** 3.00-3.14 GPA

- **Athletics excellence — 30% of total score, using a scale of 1 to 5.**

Score is based on the nominee's highest honor of all listed athletics accomplishments. Nominees should include all athletics honors and awards received to date.

All-America honors must be awarded by the sport's coaches association or a nationally recognized awards association for the sport (for example, the Associated Press).

**5:** Team or individual national champion; first-team athletics All-America honors.

**4:** Athletics All-America honors other than first team.

**3:** Regional All-America honors; team or individual conference champion; first-team athletics all-conference honors.

**2:** Athletics all-conference honors other than first team.

## 1: Multisport varsity letter.

A nominee with a base score of 1, 2, 3 or 4 for highest athletics honor will receive a .5 increase to the base score if the highest honor was achieved more than once (in a different season or event). Honors in the same season or event awarded by a different bestowing entity do not receive the .5 increase. A .5 increase for multiple recognitions at the level of highest honor can be received only once. For example:

- A nominee who was recognized with athletics All-America honors other than first team four times will receive a score of 4.5.
- A nominee who was recognized with regional All-America honors in one season and was individual conference champion in another season will receive a score of 3.5.

In addition, a nominee with a base score of 1, 2, 3 or 4 for highest honor will receive a .5 increase for being a national team member for international competition at the highest senior level of the sport (e.g., Olympic Games or World Championships). A national team for age-group competition (e.g., 17U, 18U), regional competition (Pan American Games) or limited competition that's not open to all sport participants (e.g., World University Games) will not receive the .5 increase.

A nominee with a base score of 1, 2, 3 or 4 for highest honor is eligible to receive both the .5 increase for multiple recognitions at the level of highest honor and the .5 increase for national team participation (if applicable, as described above) for a total increase of up to 1 point.